Grace, Not Perfection: Embracing Simplicity, Celebrating Joy

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Synopsis

I will hold myself to a standard of grace, not perfection. Â As a busy wife, new mother, business owner, and designer, Emily Ley came to a point when she suddenly realized she couldnâ€™t do it all. She needed to simplify her life, organize her days, and prioritize the priorities. She decided to hold herself to a standard of grace rather than perfection. This mantra led to the creation of her bestselling Simplified Planner®, a favorite among busy women everywhereâ€”from mamas to executives and everywhere in between. Â Grace, Not Perfection takes this message from a daily planner to an inspirational book that encourages women to simplify and prioritize. Designed with Emily Leyâ€™s signature aesthetic, this book gives women tangible ways to simplify their lives to give space to what matters most. With a focus on faith, Emily reminds readers that God abundantly pours out grace on usâ€”and that surely we can extend grace to ourselves. Â Have you been told you can have it all, only to end up exhausted and occasionally out of sorts with the people you love? Are you ready for a new way of seeing your time? Learn to live a little more simply. Hold yourself and those you love to a more life-giving standard in Grace Not Perfection, and allow that grace to seep into your days, your family, and your heart. Â Ideas include: Â List Making 101â€”tips to create effective to-do lists and get through them one step at a time Simplify your life by simplifying the three major areas: your space, your time, and your mind Strategies to center your day around an intentionally slower rhythm of life

Book Information

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